



Speck Fitness

BALLET SCHOOL & FITNESS STUDIO

Speck Fitness Ballet School was created by Rachel Speck, former professional ballerina, and offers the absolute best ballet training, focusing on actual technique and not just tricks, competitions and shows. We offer classes for children 2 ½ and up, and private classes for 3 and up. Sign up today!



BALLET SCHOOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:30a-11:30a YOUTH TENDU TONING® (LEVELS 3-6) Studio B with Addison 10:30a-11:30a ADULT TENDU TONING® (LEVELS 7 & 8) Studio A with Ms. Rachel
	3:30p-4:30p BALLET (LEVEL 2) Studio B with Ms. Rachel	3:30p-4:30p BALLET (LEVEL 1) Studio A with Ms. Rachel	3:30p-4:30p BALLET (LEVEL 2) Studio B with Ms. Rachel		
3:45p-4:45p BALLET (LEVEL 3) Studio B with Ms. Rachel				3:45p-4:45p BALLET (LEVEL 3) Studio B with Ms. Rachel	
	4:30p-6:00p POINTE (LEVELS 6-8) Studio B with Ms. Rachel				
4:45p-6:15p BALLET (LEVELS 4 & 5) Studio B with Ms. Rachel		4:45p-6:15p POINTE (LEVEL 4) Studio A with Ms. Rachel 4:45p-6:15p POINTE (LEVELS 5-8) Studio B with Bella	4:45p-6:00p POINTE (LEVELS 5-8) Studio B with Ms. Rachel	4:45p-6:15p BALLET (LEVEL 4) Studio A with Bella 4:45p-6:15p BALLET (LEVELS 5-8) Studio B with Ms. Rachel	
5:00p-6:00p JAZZ & CONTEMPORARY (LEVELS 6-8) Studio A with Lexie					
	6:00p-7:00p CENTER BALLET (LEVELS 6-8) Studio B with Bella		6:00p-7:00p CENTER BALLET (LEVELS 5-8) Studio B with Bella		
6:15p-7:15p JAZZ & CONTEMPORARY (LEVELS 3-5) Studio B with Lexie 6:15p-7:15p ADULT TENDU TONING® (LEVELS 6-8) Studio A		6:15p-7:15p YOUTH TENDU TONING® (LEVELS 3-6) Studio B with Addison 6:15p-7:15p ADULT TENDU TONING (LEVELS 7 & 8) Studio A with Ms. Rachel			
7:15p-8:45p BALLET (LEVELS 6-8) Studio B with Ms. Rachel		7:15p-8:45p BALLET (LEVELS 6-8) Studio B with Ms. Rachel			



Scan the QR Code or go to speckfitness.com/classes to sign up today